

New Hampshire Animal Rights League

September 2018 Newsletter



NH Animal Rights League

Summer Vegan Outings

This summer NHARL hosted two summer vegan potlucks. On July 21st at White Park, Concord we welcomed fellow vegans AJ and Travis, who visited all the way from California. Our annual Summer Vegan Potluck at Four-Tree Island, Portsmouth saw many people attending on a warm summer day with a great ocean breeze from 1-5:00 on Sunday, August 5th.

NHARL hosts at least two annual vegan potluck events. These events are meant to bring like-minded diners together and to encourage those on the path to a plant based diet .

These are free events and all are welcome. To find out more about these events, visit

<https://www.meetup.com/vegan-204/>

or <https://www.facebook.com/NHARL603/>



This is a 360 Tiny Planet photo taken by Sarah with a 360 ONE camera of the vegan group at White Park.



VEGAN HEARTS OF PALM CEVICHE

Many vegan recipes are fast and easy to cook. Do not let a new ingredient or cooking method stop you from trying new things. Tons of vegan recipes can be found online. <https://www.carrotsandflowers.com/vegan-hearts-palm-ceviche-recipe/>

Recent Events

On June 3, 2018 NHARL tabled at Paws Walk, Stratham Hill Park in Stratham from 10:00 to 3:00. This event was sponsored by the NHSPCA. Thank you to volunteers Julia Sinclair, Derek Killam, Linda Dionne, James Glover and Bill Trently.

In June, in response to a message NHARL received from a concerned person regarding ill treatment of the horses in the University of New Hampshire's Equine Studies Program, NHARL launched an investigation and communicated its concerns to the program's director.

In June, several people associated with NHARL communicated their concerns about animal dissection and issues regarding confinement of animals in aquariums and touch tanks to the Seacoast Science Center.

On June 20, 2018 an Atlantic Herring Webinar to address Atlantic herring overfishing was attended by several NHARL members. NHARL has been urging the New England Fishery Management Council to select Alternative 2 to establish a long-term acceptable biological catch control rule that would take into consideration herring's role as forage and food for predators. It would also establish a new area, close to shore, where the largest industrial vessels that catch herring, called midwater trawlers, would not be allowed to operate.

The Stand Up For Lolita Worldwide rally was held June 16, 2018 in Portsmouth outside Water Country. About twenty-five people joined us holding signs for two hours. Concurrent rallies were held in Miami, Seattle, London, Madrid, Pennsylvania, Arizona, Las Vegas, Winnipeg, North Carolina, Missouri, Virginia, San Diego, Edinburgh, South Africa, and Bratislava! Our brand new comprehensive flyer was created, telling Lolita's heartbreaking story and informing people what they can do to help her!

For the entire month of July, NHARL received \$1 every time someone picked up a Hannaford Community Bag at the Hannaford store located at 73 Fort Eddy Road in Concord!

Grieving Southern Resident Orca Carries Dead Calf for More than Two Weeks

In NHARL's October 2017 Newsletter we shared The Case for Breaching the Four Lower Snake River Dams to Recover Wild Snake River Salmon. Now in August 2018 we are sharing the emotional story of a mother orca carrying her dead calf for 17 days. J35 was first spotted July 24 carrying the calf on her nose and in her mouth. The calf was only seen alive briefly. The southern resident orca population was listed as endangered in 2006. The population's number has seen both growth and decline but in recent years there has been a decline with a very small calf survival rate. The reason for this decline is lack of food. Chinook salmon are the main food source for the Southern Residents and without a steady supply the population will not recover. Researchers, scientists and animal advocates are lobbying the Washington State government to breach the four lower snake dams to bring back the salmon and in turn feed the Southern Residents. To learn more and find out ways to help visit <https://damsense.org/>

This is the same population of orca that Lolita, held captive at the Miami Seaquarium, was captured from on August 8th, 1970. This August marked the 48th year Lolita has been kept in the smallest orca tank in North America. To learn more about Lolita and ways you can help her, visit

[Orca Network](#)

[Until Lolita is Home](#)

[RetireLolita.com](#)

[The Whale Bowl](#)



The Truth about Fish Farming

And so the Powder Mill Fish Hatchery in New Durham, New Hampshire discharges wastewater containing significant amounts of phosphorus and other pollutants into the Merrymeeting River which then flows into Lake Winnepesaukee's Alton Bay.

The discharged pollutants cause cyanobacteria blooms, a green algae scum on the water that has become increasingly more common in recent years, causing skin rashes, illness, and death to animals. This summer the Department of Environmental Services has already issued two warnings advising waterway users, including pets, to avoid contact with this water. If the wastewater is causing pollution, what does that tell us about the water these fish are being raised in? What concoctions of chemicals, antibiotics, and other fulminating substances might be at play here? Are these fish okay to eat?

The hatchery, the state's largest, raises fish to be stocked into other bodies of water so people there might enhance their chance of catching a fish where wild fish populations would otherwise be depleted from overfishing.

A retired environmental toxicologist from the town said the state has known about the problem for greater than fifteen years and failed to take action. Last year, New Hampshire Fish and Game (NHFG) devised engineering designs for a system to treat the wastewater but ran out of money before they could implement the plan.

The Conservation Law Foundation (CLF) announced August 2, 2018 it will sue NHFG, and must now wait 60 days to file the lawsuit officially. Who will end up paying for cleanup if revenue from fishing licenses is not enough?

<https://www.clf.org/newsroom/new-hampshire-fish-hatchery-pollutes-iconic-waterways-causing-public-health-risks/>

NHFG Wildlife Seasons Biennial Rulemaking

Many NH residents sent in comments to the NH Fish and Game Department (NHFG) about its Wildlife Seasons Biennial Rulemaking. Most of the comments NHFG received came from animal rights supporters who expressed concerns, among others, about fox, bear, and coyote hunting/baiting/trapping, and about expanding the practice of capturing wild NH snowshoe hares by beagle hunting clubs to be used in dog training. Despite this outpouring of public concern, the new regulations that favor the hunting and trapping community were approved in July. This has prompted animal rights groups to set their sights on the state legislature. To view the comments visit : <https://wildlife.state.nh.us/legislative/documents/fis-300-pc.pdf>

8th Annual Mutt Strut

NHARL will have a table at this event on September 16th.

Stop by to say hello and see our table. [https://](https://www.manchesteranimalshelter.org/event/8th-annual-mutt-strut-benefit-manchester-animal-shelter/)

www.manchesteranimalshelter.org/event/8th-annual-mutt-strut-benefit-manchester-animal-shelter/

We are also looking for volunteers to help at our table!

Please email nhanimalrightsleague@gmail.com if you would like to spend the day with us!

NHARL Board

James Glover, President

William Trently, Vice President

Cindy Glenn, Treasurer

Emily Murphy, Secretary

Linda Dionne, Event Coordinator

Free No Hunting Signs



New Hampshire Animal Rights League provides free no hunting signs for those who wish to post their property. Send an email to nhanimalrightsleague@gmail.com with your name, address and number of signs and we will mail them to you.

Annual Gentle Thanksgiving

November 17th, starting at noon

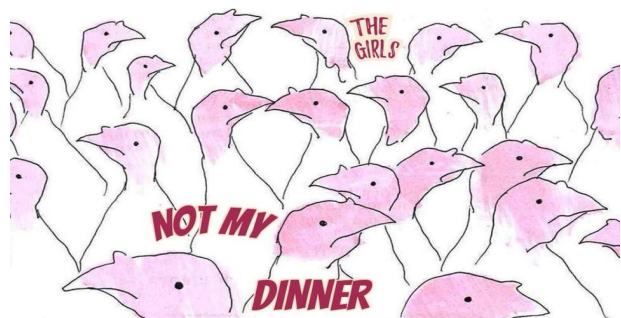
Kimball Jenkins Estate

266 North Main St., Concord NH 03301

Our annual Gentle Thanksgiving Potluck celebrates the lives of turkeys and all animals by leaving them off our plates. This year we will have guest speaker Chris Schadler, who is the New Hampshire and Vermont representative for Project Coyote and a wild canid ecologist. Please join us for this free event.

We just ask you bring a vegan dish to share with the group. Registration is required and is super easy by visiting the link below or emailing nhanimalrightsleague@gmail.com

[MEETUP LINK](#)



2013 Cheryl L. Miller



Recently many NHARL members and other animal rights advocates have had letters to the editor published in local newspapers, online and hard copy, creating an awareness about animal injustices. Also, advocates have been vocal with comments on social media and to agencies that abuse animals. And you don't need to be active in the animal rights movement nor vegan nor an accomplished writer to do good things for animals. The recent killing of the coyote family in Portsmouth by the restaurant owner outraged so many regular people who then made their rage and disgust known on social media. And the kicking of the seagull at Hampton Beach ignited such anger that individuals notified authorities and, fortunately, stepped up to help the seagull.

Your armchair activism and taking action when you see something going on, is vital to making this a better world for animals. Your voice is much needed and gratefully appreciated. We need you. We need everyone we can get to pitch in.

"The good news is that there are kind people who walk this earth."

-Chrissie Hynde (singer for the Pretenders)

Contact Us/Become a Member

To become a member or make a donation use the membership form at our website or send a check made out to NHARL to our PO Box. Yearly membership is \$20.00 and Students, Juniors, or Seniors are only \$10.00. Lifetime membership is \$200.00 for you and your spouse. Thank You!

PO Box 4211, Concord 03302

nhanimalrightsleague@gmail.com

<http://www.nhanimalrights.org>

<http://facebook.com/NHARL603>

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