

### Susty's Cafe

Susty's - short for Sustainable Sustenance - is a delicious jewel tucked away on Route 4 in Northwood. Vegetarian and non-veggies alike have all raved about the affordable, delectable and award-winning plant-based cuisine that Norma, head chef and owner, creates. Not only is the cuisine completely animal-friendly, the food is also made from local, organic ingredients whenever possible. They have recently started offering brunch from 8-2 on Saturdays and Sundays in addition to their regular hours. Although everything on the menu is scrumptious, some standard favorites are: Tofu Pesto Focaccia, Thai Spring Rolls, Daily Soups, Tofu fries, Seitan Special and the Chocolate Creme Pie. Susty's is BYOB. Norma also offers cooking classes throughout the year. Call ahead at 603-942-5862

### Pet Store Demonstrations

Maybe you saw the NH Chronicle episode of February 18 which showcased two special dog rescue organizations in NH that are rescuing the homeless dogs of Puerto Rico. These dogs are called "satos," slang for street dogs. Working with rescuers in Puerto Rico, the NH rescuers have satos shipped to NH. They foster, train and rehabilitate them into adoptable dogs. The work isn't easy, as you can well imagine.

We at NHARL are inspired every time we hear stories like this. So we got to thinking and we have decided to begin to hold demonstrations against many of the pet stores in NH. There is just no excuse for breeding animals into a system that still euthanizes millions. Animals have no borders and we aren't forgetting our American homeless dogs either. At these demonstrations we will educate the public about the plight of ALL of our four footed friends. Please contact us to help with this project. Below are the names and contact info of the NH sato rescues.

- [Wynn Dog Rescue](#)  
P.O. Box 27  
Jaffrey, NH 03452  
Email: [wynndogrescue@gmail.com](mailto:wynndogrescue@gmail.com)
- [Second Chance Sato Rescue](#) Email Stephanie regarding Adoptions: [secondchancesatoadoptions@gmail.com](mailto:secondchancesatoadoptions@gmail.com)  
Email Sandy regarding Volunteers [secondchancesatovolunteers@gmail.com](mailto:secondchancesatovolunteers@gmail.com)  
Email Marc for General Inquiries [secondchancesatorrescue@gmail.com](mailto:secondchancesatorrescue@gmail.com)

Your membership and financial help is much needed and appreciated. THANK YOU!

\_\_\_ \$15.00 Regular member, age 15 or over.

\_\_\_ \$5.00 Junior member, age 14 and under.

\_\_\_ \$5.00 Senior member, age 65 and over

\_\_\_ \$5.00 Student member

\_\_\_ \$100.00 Life member, for self and spouse.

\$ \_\_\_\_\_ Sponsor/Donor who wants to support NHARL, without being a member

\$ \_\_\_\_\_ Additional Donation

\$ \_\_\_\_\_ Total

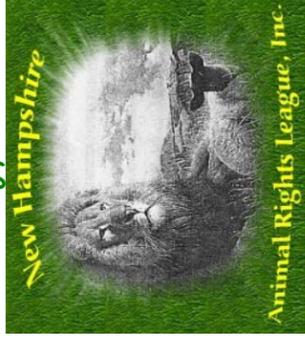
Name \_\_\_\_\_

Address \_\_\_\_\_

Email address \_\_\_\_\_

Giving to NHARL through your will is one of the most important ways you can help animals for years to come. Making a bequest is easily executed with your attorney and can save your estate money in tax payments if the estate is subject to federal estate tax.

### Working for animals



Since 1977

Issue 1  
2008

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Newsletter  
of the

## New Hampshire Animal Rights League, Inc.

### NHARL Annual Meeting, Election and Gentle Thanksgiving

On November 17, 2007 NHARL included all three of these events into one day at Marion Gerrish Community Center in Derry, NH. It was a great day, where NHARL members and non-members came together because of their concern for animals.

Gentle Thanksgiving is an annual program of FARM (Farm Animal Rights Movement). It is a day of giving thanks without the killing and eating of an innocent bird. Thanks to everyone who brought a dish. All the food, beverages and desserts were delicious! After dinner, names were drawn for 12 free raffles. The raffles consisted of gift baskets, ceramic dog bowls and other items from Earthward of Amherst, Earth Energies of Nashua, Sandy's Pet Center of Concord and Monty's Pet Supplies of Epсом. Thanks to these businesses for their generous donations.

Following the raffle we announced the results of the election for NHARL board members for the next two years (2008-2010). NHARL members voted and the new board includes New Hampshire residents Linda Dionne of Raymond, Cindy Glenn of Merrimack, Emily Murphy of Dover, Kat Ranalletti of Nashua and Linda Rauter of Chichester.

To finish up the day, Jeff Priest, NHARL Board Member from 2006-2008, gave a presentation of NHARL's activities during the past year. Highlighted was the legislative work we did in the beginning of 2007 and what we need to do to improve our work for animals.

### Fur Demonstrations

Beginning on Fur-Free Friday, traditionally held the day after Thanksgiving, we held a total of five consecutive weekly protests in front of Dino International Furs in North Hampton, NH. Portsmouth Animal Outreach (PAO), a newly formed group, joined us in these protests. (If anyone would like more information about PAO, let us know) These protests were very successful, resulting in articles in the Seacoast newspapers and in the Fosters Daily Democrat, both in the newspaper hard copies and online. We held additional protests at Dino's in January and February of 2008. Please let us know if you are interested in helping out at future events. Even though we have had great turnouts at these events, we can always use more help.

### Radio Ad Against Fur

NHARL aired an anti-fur ad on the Seacoast radio station 96.7 FM The Wave. Since Dino International Furs was also advertising on The Wave, we targeted that station to counter the sales pitch coming from Dino. Our ad asked listeners not to buy fur and to "give the rightful owners of fur the precious gift of their lives this holiday season." The ad ran for a total of 13 broadcasts from December 15 to December 19, 2007. We give a big thank you to all of our members for supporting us financially so that we could do this much needed advertising.

### Thank You

To our NHARL board members, past and present, for volunteering your time to our organization. A special thanks to Jeff Priest for his help since we first met him in 2002. He was invaluable to us during his stay in New Hampshire. And last but not least, thanks to our members and supporters, with whose help we will continue our work for animals.



Nicole Gallien, Cindy Glenn and Christy LaRose protesting fur in North Hampton, NH.

Photo courtesy of

Foster's Daily Democrat

## Jean's Corner



Dear Friends,

2008 is a busy year for animals in New Hampshire, speaking legislatively. At the top of my list of animal welfare bills is HB 1143. Sponsored by Rep. Carla Skinder of Cornish, this bill seeks to improve standards of shelter for backyard dogs.

Currently the definition of necessary shelter for dogs resides in our animal cruelty statute, under the criminal code. There is no requirement for a doghouse, no requirement for bedding, no requirement for sanitation of the dog's living area, no restriction on chaining or tethering. HB 1143 states that shelter for dogs confined outdoors must be sufficient to prevent suffering or injury, that tethering must be done in a manner to prevent suffering or injury. The bill sets up a system of civil penalties for failure to provide such shelter and gives rulemaking authority for specific requirements to the NH Dept Agriculture, which already makes the rules for pet shops, animal shelters and so forth. This bill had a public hearing before the House Environment and Agriculture Committee on Jan 24, is now in subcommittee, and will most likely be headed to the House floor in early March. For details on this bill please visit my website at: [www.Give-Us-Shelter.com](http://www.Give-Us-Shelter.com). UPDATE: Good news! This bill passed out of committee "Ought to Pass" by a 16-0 vote.

HB 1293, sponsored by Rep. Phinizo of Acworth, proposes to eliminate Part A eligibility in the state's low cost spay/neuter program for people who adopt animals from shelters. This bill passed unanimously in the House Environment and Agriculture Committee and is headed to the House Floor.

HB 1430, sponsored by Rep. Vaillancourt, seeks to extend coverage of the animal cruelty statute, RSA 644:8, to dogs and horses at the state's racetracks. Currently these animals come under the auspices of the Pari-mutuel Commission, which has it's own investigator to pursue cruelty complaints, but, since 1999, racetracks have been exempt from the animal cruelty statute which covers other domestic and farm animals. HB 1430 passed through the Environment and Agriculture Committee, with a minor amendment and is headed to the House floor.

HB 1314, sponsored by Rep. Webb, attempts to remove the word, "worrying" from the current statute which allows people to kill dogs that are "worrying" their live-stock. This bill was overwhelmingly opposed at a public hearing on Jan 24, and will, most likely, not pass successfully out of the Environment and Agriculture Committee.

HB 1522, sponsored by Rep. Vaillancourt, seeks to prohibit the use of certain factory farming methods for raising livestock, such as battery cages for chickens and gestation crates for sows. This bill was strongly opposed by NH farmers at a public hearing, however, those opposed to the bill were not testifying in favor of these cruel methods, they simply stated that these methods do not exist on NH's small, family farms. This bill is also unlikely to pass successfully out of the E & A Committee.

And now, on the Senate side ....

SB 513, sponsored by Senator Kenney, would strengthen New Hampshire's animal fighting statute to include provisions for the state to confiscate animals used in fighting exhibitions, and giving courts the ability to prohibit people convicted on animal fighting charges from owning animals again. This bill will go to a public hearing on Feb 12, 2008. On Feb 15, NH Attorney General Kelly Ayotte will join the Humane Society of the US in a Press Conference to highlight the bill, and to announce a doubling of reward money that HSUS will pay for tips on animal fighting activities in NH.

And finally, SB 504, sponsored by Senator Roberge, seeks to restrict the number of puppies sold each year by commercial kennels... an attempt to curb the horrendous puppy mill situations we have seen too often in our state. The bill goes to a public hearing on Feb 12, and is likely to be strongly opposed by the commercial kennel industry, however, it's such an emotional issue for dog lovers, I believe it's possible for this bill to survive.

The information included in this column is current as of "Press Time", but things can change very rapidly as these bills pass through the long and winding road of the legislative process. For the latest information on these bills, please visit the NH government website, at [www.nh.gov](http://www.nh.gov), or e-mail me directly at [jeans115@hotmail.com](mailto:jeans115@hotmail.com), or visit my website.

For the animals,

Jean

## Upcoming Events

### Northeast Organic Farming Association Winter Conference March 1

NHARL members will display information and answer questions at the Northeast Organic Farming Association (NOFA) of New Hampshire's 6th Annual Winter Conference entitled Local and Organic: The Sustainable Future, on Saturday March 1, 2008, at the Winnisquam Regional High School, 433 W. Main St., Tilton, from 8am-5:30pm.

NHARL was encouraged to table at the event by a NOFA-NH member (Norma, the owner of Susty's, a vegan restaurant in Northwood, NH.) NHARL will focus on the connection between sustainability and adopting a plant-based diet. There will also be literature/information on the treatment of "food" animals in agribusiness as well as the other negative impacts of a meat-based diet.

NOFA-NH recognizes that farmers, gardeners, and consumers of organic products share a "community of interests:" a common need to grow and consume safe, healthy, nutritious, great-tasting food; and a common interest in preserving a healthy environment that nurtures all of us. In an age of industrial agriculture, we're working to re-establish a shared sense of pride and participation in a community-based food system that links local farmers with local consumers, and rewards them both equally. (Source: [www.nofanh.org](http://www.nofanh.org)) For more information about NOFA- NH, please visit their website, [www.nofanh.org](http://www.nofanh.org).

### The Great American Meatout March 20

The Great American Meatout, another program of FARM, is the world's largest grassroots annual diet education crusade. Thousands of people from all over the world will be publicizing this event on or around March 20. NHARL will have a display table at the Nashua Public Library promoting vegetarian and vegan lifestyles. Literature will be provided to participants on the harm caused by animal agriculture to animals, our health, and the health of our planet. The display will run from March 16 to 24, 2008.

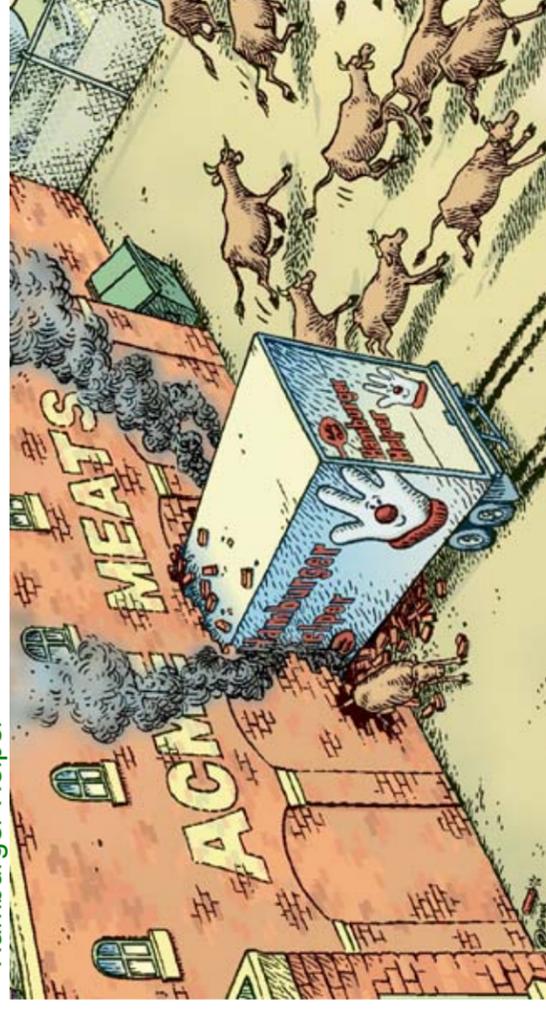
This is the second animal rights display NHARL has received the go-ahead to do at the Nashua Public Library. If anyone would like to erect a display at their town library please contact Kat ([bordercollyx@msn.com](mailto:bordercollyx@msn.com)). NHARL will provide the literature, if needed. For ideas please visit our display at the library or contact Kat.

### Earth Day April 20

In celebration of Earth Day, NHARL is planning a vegan potluck dinner, cooking competition with prizes, and a presentation on the link between animal agriculture and global warming, to be held at the Community Church of Durham (17 Main St., Durham, NH). We are still in the preliminary stages of planning, so times and details will be announced at a later date and posted on our website.

Check back at our website: [www.nhanimalrights.org](http://www.nhanimalrights.org). We need lots of help with this event, so if you'd like to volunteer, contact Louisa Dell'Amico at [massage@ncia.net](mailto:massage@ncia.net).

### Hamburger Helper



*Bizarro  
Cartoon*

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*This is the fourth  
cartoon Dan Pi-  
raro, animal  
rights activist,  
has allowed us to  
use. Thanks Dan.  
Check out his stuff  
out at*

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